

## **Important MIAA Rules to be aware of:**

### **Rule 45: Bona Fide Team Rule**

A member of a high school team is precluded from missing a high school practice or competition in order to participate in a non-school athletic activity/event in any sport recognized by the MIAA. A student athlete who violates this rule will be suspended for 25% of the season on a first offense, and for an additional 25%, and post season play, on a second offense.

### **Rule 56.1 Student Eligibility: Physical Examinations**

All students must pass a physical examination within 13 months of the start of each season. Students who meet this criteria at the start of the season will remain eligible for that season. Physical examinations must be performed by a duly registered physician, physician's assistant, or nurse practitioner.

### **Rule 62.1 Chemical Health Rule**

From the earliest fall practice date, to the conclusion of the academic year or final athletic event (whichever is latest), a student shall not, regardless of the quantity, use, consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance. On a first violation, a student shall be suspended for 25% of the season; on a second violation, a student shall be suspended for 60% of the season.